

BREAKFAST/BRUNCH

SERVED FROM 9AM - 11AM

TOAST £3.5

Seeded sourdough with:
jam/marmalade/peanut butter/marmite

KIDS TOAST £2.5

White farmhouse with:
jam/marmalade/peanut butter/marmite

BACON SANDWICH £4.25

Seeded sourdough with smoked bacon
rashers

BACON & EGG SANDWICH £4.95

Seeded sourdough with smoked bacon
rashers and no fat fried egg

TOAST BENEDICT

Two poached eggs on toasted sourdough with
hollandaise sauce (v) £9.5
With buttery wilted spinach (v) £10.5
With two rashers of smoked bacon £11.5
With Scottish smoked salmon £11.5

AVOCADO TOAST

Chili & lime infused smashed avocado, sun blushed
tomatoes on toasted sourdough (v) £9.5
With two poached eggs (v) £10.5
With two poached eggs & smoked bacon £12
With Scottish smoked salmon £12

CINNAMON FRENCH TOAST £10.5

Toasted buttery cinnamon brioche with
two rashers of smoked bacon & maple
syrup

NUTTY GRANOLA £6.5

Granola served with Greek yogurt &
blueberry compote (v)

KIDS GRANOLA £3.5

Small portion of granola served
with Greek yogurt & blueberry
compote (v)

LUNCH MENU

SERVED FROM 11.30AM - 3.00PM

WRAPS

PLEASE ASK IF YOU'D LIKE TOASTED

SPICY PEANUT CHICKEN £9

Spicy peanut chicken breast,
carrot, cucumber, lettuce and
coriander

NEW YORK £9.5

Pastrami ham, jack cheese,
pickled gherkins, mustard mayo

VEGGIE £9

Basil pesto, mozzarella, tomatoes,
roasted peppers, grilled aubergine &
courgettes (v)

MEXICAN £10.5

Guacamole, sour cream, jalapenos,
cheddar, salsa, chicken goujons

VEGAN £9.5

Hummus, falafel, grilled aubergines,
courgettes & olives (v)


SPECIAL

See specials board

SALADS

DUO


Pick 2 salads with a dressing of
your choice £9.5

Add spicy peanut chicken  £12.5

Add chilli fillet of salmon £12.5

TRIO

Pick 3 salads with a dressing of
your choice £11.5

Add spicy peanut chicken  £14.5

Add chilli fillet of salmon £14.5

DRESSINGS

POKE (SOY) DRESSING

yuzu juice, soy sauce, sesame oil and a pinch of cayenne

MISO (SAVOURY) DRESSING

Miso paste, sesame oil, rice vinegar, orange juice, soy sauce,
maple syrup

WASABI MAYO

Mayonnaise, rice vinegar, soy sauce, wasabi paste, maple syrup

SHARING PLATE

VEGGIE £8.5

Hummus, tzatziki, olives &
sundried tomatoes (v)

MEAT £10.5

Prosciutto ham, tzatziki, olives
& sundried tomatoes

FISH £10.5

Hot smoked salmon pate, pickled
gherkins, olives & sundried tomatoes

ALL SERVED WITH WARM TURKISH FLAT BREAD

SOUP

SOUP OF THE DAY £6.5

See specials board
Served with sourdough bread &
butter

KIDS MENU

Ham and cheddar cheese wrap/sandwich £3.5

Cheddar cheese and tomato £3

wrap/sandwich (v)

Hummus & cucumber sticks with £3

wrap/bread (v)